

FLE HOA Happenings

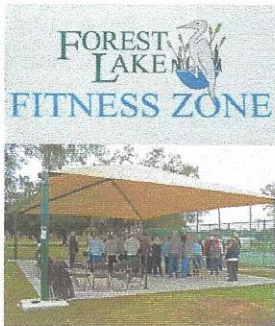
"YOUR VOICE IN THE PARK"

Forest Lake Estates, Zephyrhills, Florida February 2019

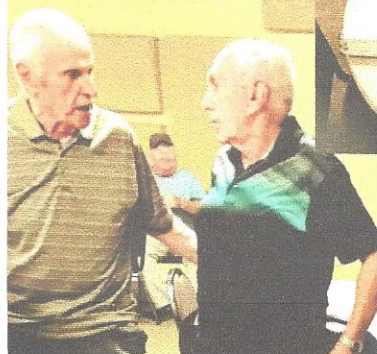
flehoanewsletter@gmail.com

How to Use Exercise Equipment Properly and Safely

On January 15, FLE residents got together at our outdoor fitness area to learn how to use equipment properly from Advent-Health Wellness Director Casio Jones. While exercise is emphasized for good health and overall wellness, using exercise equipment improperly can result in all kinds of injuries from sprained ankles and torn ligaments to broken bones that require surgery. While you may be zealous about starting 2019 off with a new exercise routine or just doing more of what you love, residents got some great tips from Mr. Casio Jones on how to use exercise equipment correctly and with caution, especially if you haven't been working out lately.



FLE Activities Photos



Message from the Desk of Rick Schlager

Forest Lake Estates Homeowners' Association (FLE HOA) President

As you may already know on January 9th we had the general election for four seats on the board. Trudy Ansel, Wendy Coache and Mark Matthews were re-elected to a three (3) year term. Vic Bitel was elected as a new board member for a two (2) year term. This was announced at the January 10th General HOA meeting. After the General meeting the board members went into closed session to elect officers. Trudy Ansel was elected as Treasurer, Wendy Coache as Secretary, Vince Boido as Vice President and I was elected as your new President.



Jim Dill has done an excellent job as President and with the help of the HOA Board has accomplished many great things to improve Forest Lake Estates. It takes strong leadership and a great team of volunteers to continue to improve the activities and lifestyle for the residents of FLE.

I realize how big the shoes are that I will be filling. I hope that with the current board and the help of volunteers and the residents of FLE I will be able to accomplish all of the goals and objectives we set forth for the 2019 year.

Over the next few weeks the board will be comparing the 2018 Goals and Objectives with our accomplishments. We will also work on putting together the 2019 Goals and Objectives.

I look forward to working with both the HOA Board and the Residents of Forest Lake Estates.

Rick Schlager



Forest Lake Estates Homeowners Association Officers and Board of Directors

President:	Rick Schlager raschlager1@gmail.com 1-813-788-4244
Vice President:	Vince Boido flehoanewsletter@gmail.com 1-813-843-1191
Secretary:	Wendy Coache flehoa.secretary@gmail.com 1-813-395-5650
Treasurer:	Trudy Ansel flehoa.treasurer@gmail.com 1-813-395-8550
Social Director:	Carolyn Keithley flehoasocialdirector@gmail.com 1-813-602-8978
Recycling Director:	Larry Shapiro lshapiro@outlook.com 1-607-346-0217
Director:	Mark Matthews mmatthews6225@gmail.com 1-813-778-3377
Director	Vic Bitel victah1000@gmail.com. 1-248-459-8476
Director	Mike Reid fleactivitiesdirector@gmail.com 1-413-824-5426
Chairs	
Membership:	Janice Collins flhoa.membership@gmail.com 1-813-788-5678
Activities	Mike Reid fleactivitiesdirector@gmail.com 413-824-5426
Welcoming	Cindy Bitel bitel1976@gmail.com 1-248-459-7187
Newsletter:	
Editor-In-Chief:	Vince Boido
Layout:	Carmella Murphy
Advertising:	Rick Schlager Larry Shapiro
Proofers	Pat Irwin Nancy Matthews
Columnists:	Judy Thiese Lenore Bray
Photographers:	Vic Bitel Lenore Bray

Message from Vince Boido

Happenings Editor and FLE HOA Vice President

Times are changing. With great sadness the F.L.E. H.O.A. Board of Directors will not consist of two of my dear friends, Jerry Wilson and Jim Dill. In Jim's words "After lots of discussions, thoughts, prayers, and consternation, I have decided to resign, effective immediately, from the F.L.E. H.O.A. Board." Jerry decided not to run and his position was determined in the recent election and is now replaced by Vic Bitel. The Board will meet on Tuesday, January 22nd to decide who will fill the vacant position.

Jim and Jerry go back a long way in the park serving on the F.L.E.N.S. Board and were instrumental in organizing our current H.O.A. some two and a half years ago. There have been so many accomplishments that I could fill this newsletter. I am sure that they are both proud of the way Memorial Park turned out as Jerry's son's company and their suppliers donated well over \$100,000 to develop the park.

As a board member from the start, and serving under Jim as Vice President, I can honestly tell you that Jim's leadership has shaped the board into what we are today. As we move forward, I assure you that everything is in place, we are fiscally in great shape and have accomplished all the goals that we have set out to do. Every Board member has their own area of expertise and thanks to the many volunteers that have sacrificed much of their time we are in a great place.

Last Sunday, our Board hosted an all-day event at the clubhouse. Attendees were HOA's from twenty-three mobile home parks owned by E.L.S. Some came as far as West Palm Beach and Naples. We gave them a tour of our park and Jim spoke about all the amenities that we have. They were totally astonished by Forest Lake Estates, the solid relationship we have with our park manager, and an incredible eighty percent membership rate. At these meetings, everyone can share stories about what is working and what is not. A few of these parks were involved in lawsuits or mediation with E.L.S. I will have to honestly say that we have become a "model" for this group on how we approach business, from our newsletters, dinner dances, and all our activities; and to think of how far we have come in just a few short years, it is all due to Jim, Jerry, the rest of the HOA Board, our newsletter designer, Carmella Murphy, Committee chairs such as Janice Collins, Cindy Bitel, and Mike Reid, group leaders too numerous to name, dinner/dance sponsors, those who cook, those who serve what has been cooked, those who decorate and clean up, the recycle people, those who deliver the newsletters, and to all of you who have always risen to the occasion where there has been a need.

A few weeks ago when the wind storm hit and damaged over eighty of our homes, it was our residents working side by side with Steve and his crew to clean up all the damage and to be there for those who were in need. Someone posted on the social media that we were "F.L.E. STRONG."

God Bless you all! Let's stay "F.L.E. STRONG."



Message from Carolyn Keithley

Social Director



As of this printing, my message from last month is still hanging out in cyberspace! So as a delayed message, I hope everyone had a marvelous holiday season and I am so pleased to see our friends returning, either from a visit back home or just arriving for the season.

We had our Volunteer Orientation Meeting on January 14th with approximately 45 volunteers in attendance! The Board and I were extremely pleased to see such a wonderful turnout. The meeting was very successful, we have gotten some new leads for dinners, which was one of our biggest needs. We have had many residents volunteer to assist, but as I verbalized at the meeting, unless each dinner team has a lead, it is extremely difficult to pull the dinner off. Thanks to some of our experienced team leads, the new leads are going to work with them on a couple of upcoming dinners and then be able to run on their own to manage a dinner team. We have also received two new Monday Night Sandwich teams, making 7 and meaning the time between cooking will be longer for each team. Bingo Kitchen also picked up a few new members to assist and fill in when others are unavailable. Some new servers have also come forward. I want everyone to understand, if you have volunteered to assist in general, and I have not contacted you, it is not that I do not want to use you or that I have forgotten. I have all names and numbers and I am trying to use folks where and when the need arises. At the present time, team leads were our biggest need. I am hoping that my getting a few new leads on board and using the volunteers we will be able to get ahead of the 8 ball for the upcoming 2019-2020 season instead of being behind it.

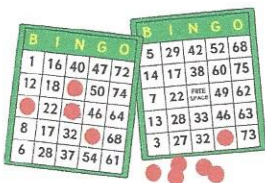
There are also a couple other needs that we have. We are in need of some individuals to get trained on calling BINGO. We currently have Jim Dill, Jerry Wilson and Wendy Coache. We need a few more. These three people are willing to train you. Come on out and give it a try. Wendy says, "Come on ladies, let's take over!" We can also use people to help verify Bingos.

I want to thank everyone who has been assisting over the last year. Without the help of the ticket sellers, (Julie Glenna and her team), kitchen manager Sandy Claiborne, order taker (Nancy Matthews) and cashiers for Monday Sandwich Nights, Bingo Kitchen crew and all the cooks and crews and servers and my wonderful raffle ticket sellers, my first year as your HOA Social Director would have been very hectic. I love the job that I do for the community and the HOA and appreciate each and everyone who has assisted.

Carolyn Keithley

BINGO CALLERS NEEDED

We will need a few more bingo callers. We would love to get some people onboard this year for some training sessions. We would train you during an afternoon, so that you are comfortable to start.



If you are interested, please contact Nancy Matthews. Bingo is held on Tuesday evening, beginning at 6:00PM. The schedule would be determined by the number of people we can get to volunteer. Each night is divided into two sessions, each caller would call either the first or second session. The night is usually done by 9:00PM.

Without callers, Bingo will not be able to continue. Please give it some consideration as it is a very large part of the activities here at Forest Lake Estates.

Thanks for your consideration. We hope to hear from you.

Recycling Committee Report



Furniture **DOES NOT** go to the Recycling Bins. You can take them to the East Pasco Co. Transfer Station on Handcart Road for free, or call Dan Morales, 352-457-1724 who will haul them for a fee.

This is the proper way to bring aluminum cans to the collection points. LOOSE is not. The people who process the cans, crush them, take to recycling center and forward the money to local kid's causes, work very hard. PLEASE co-operate by **ONLY** bringing clean, empty aluminum cans in bags.



Lending for Little Ones

They are the best of us! They are our grandchildren and great-grandchildren. We are so blessed when these wonderful little ones come visit us.

Lending for Little Ones. We are still here. People lending items to each other when little ones arrive. We currently have people who have signed up with a variety of items available to lend to people who have little ones visiting. We have such things as pack & play porta beds, strollers, high chairs, car seats, water flotation items for babies, water wings, bicycles and more.

With this program, Park Residents lend their own items to each other when little ones arrive for a visit. Even though we have a variety of items, we still need more volunteers who are willing to lend items to others. Especially during the busy prime visiting time. If you are one of these people, willing to lend items for our Little Ones, please contact me and I'll add you to our list.



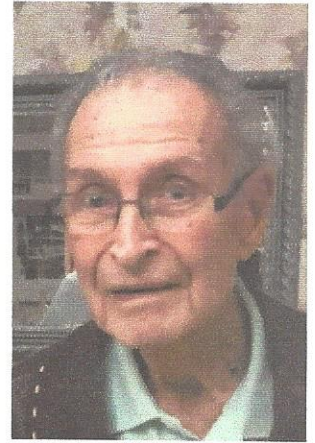
Or, if you are someone who has a little one arriving and need to borrow something, contact me and we'll try to set you up with the needs you have.

We will have the information about what is available posted on the bulletin board at the clubhouse. Those interested, please contact me at 248-459-7187 or at my email address bitel1976@gmail.com.



Thank You,
Cynthia Bitel

DAN WARD



The idea of connecting with, and showing respect for some unique individuals who have given so much to Forest Lake Estates, is one I value, and hope can increase each day as we, “try a little kindness”. With the blessing of my friend Judy Thiese, this month, I will try my best to convey to you what I learned about Dan Ward. I hope that those who know Dan better, will share their stories of this very special man, for years to come.

Periodically one finds themselves in the presence of a person who immediately makes you feel welcome and surrounded by kindness. For me this happened the other day, when I accompanied his good friend, Judy Banack, to the beautiful home of Dan and Sophia Ward. Sadly, Sophia, fondly called Sophie, had fallen four days before, and was recovering in the hospital. Dan, despite his own physical challenges, was there to greet us with the dearest of smiles. I knew Dan’s name and face, and was aware that for many years, he and Sophie have been an integral part of the Forest Lake Estate’s community, but I had never had the pleasure of actually sitting and talking with him. I feel I became more aware of someone who has given so much of his time and talent, to ensure we can all enjoy this beautiful community today.

Dan was born in Detroit 88 years ago. He and one brother were raised by loving parents, who were of Irish descent. Dan is a devout Catholic to this day, and served for many years as a Lector and a Eucharistic Minister at St. Joseph Church, here in Zephyrhills. While growing up in Detroit, Dan met his future wife, Sophie, at a parish CYO dance. Though she had “many suitors”, according to Dan, she chose him. Perhaps, Dan surmised, being of Ukrainian descent, Sophie’s Mother, wasn’t so sure of the wisdom of the combination, but once the first grandchild was born, this Irish/ Ukrainian union was fully embraced by all. Two more children followed, so Dan and Sophie were blessed with two boys and a girl. After 67 years, their loving marriage has certainly stood the test of time. Their dedication to each other continues, “in sickness and in health”.

Equipped with a degree in Accounting, Dan’s working career was spent, first in private industry, but mostly working for the IRS, doing statistical work and handling the payroll for all Detroit IRS employees. His responsible nature and financial skills continued to be valuable assets, once he retired and moved to Forest Lake Estates.

Dan and Sophie started off by renting a home in Forest Lake Estates for two seasons, followed with buying a home here. Once he retired from the IRS, and Sophie retired as a secretary for an architect, they moved to Forest Lake Estates full time. Little did Dan know, he was going to be involved in many challenging situations, while many others could sit back and just “enjoy” retirement. With Sophie’s support, and being a positive thinker, a leader, a retired navy man in the early ‘50s, and one who never backed down from a challenge, Dan Ward, was one of the homeowners who helped negotiate the purchase of the park in 1999. They formed the “Co-op”, which was a relatively new concept in park ownership. Following a series of management changes, and some very daunting financial challenges, Dan and many others in the park continued to build a beautiful community, and saw an incredible increase in its appraised value. Dan served in various capacities on the Co-op board, including President, Vice-president, and Treasurer.

Dan reminisced about all the wonderful times he and Sophie have enjoyed over the years, especially living here in their retirement. He said that he doesn’t get out much anymore, but was happy for their travel time, which consisted of about six incredible trips to Saipan to visit their daughter, and her family. He feels blessed to have his daughter and son-in-law living closer now, as they, and community friends, have been so supportive.

(Continued on page 7)

(Continued from page 6)

He smiled also while talking about the fun of playing golf, Euchre at the clubhouse, helping with dinner/dances, and of course, so many “good parties with such great friends”. I could tell by his positive phrasing that Dan is a person who chooses to remember the good in people and events. Everything else he said is, “water under the bridge”. He talked with fondness about some of the people who are no longer here, but had shared this part of life’s journey with them. I saw much love in his eyes.

I asked Dan if he liked music, and he smiled and answered, “oh, yes!”. The next afternoon I returned to visit Dan, with Brad and Steve, (Three For A Quarter), and together we played and sang some of Dan’s favorite songs and ours. We dedicated, “Kiss An Angel Good Morning” to Sophie, who we hope recovers soon. We also sang an Irish Medley especially for Dan, and a song called, “Try A Little Kindness”, which will always make me think of Dan Ward.

May The Good Lord Bless and Keep You.



Lenore Bray

PARTY HARDY PUTT-PUTT RESULTS THROUGH January 16, 2019

Membership Total:	228 players.
Low Team Average:	Jim Dill & Ginny Kreuer/Pam Eilts & Dana Parker (36.6)
Low Gross:	(33) Bill & Georgiann Koeder
Low Net:	Brad & Brenda Dore (28);
Most Hole In Ones:	Norm & Marj Barber (26);
Most Prize Money Earned:	Pierette DesJardins/Carmen Serrre (\$182.00);
Most Improved Team:	Kim & Jan Swanson (4.9 strokes).

Sweet Sixteen:

#1: Jim & Ginny Kreuer (675);	#9: Ron & Judy Keener (582);
#2: Kim & Jan Swanson (638);	#10: Norm & Marj Barber (574);
#3: Pam Eilts/Dana Parker (637);	#11: Buddy & Joanne Allen (573);
#4: Mike & Kera Reid (631);	#12: Art & Deanna Bigras (569);
#5: Alan & Sandy Thiese (622);	#13: Julie Smith & Netty Gross (569);
#6: Jim & Ginny Forsaith (610);	#14: Howard Ashford & Judy Fleschner (565);
#7: Ted & Sue Melonas (601);	#15: Gordon & Melanie Graves (565);
#8: Brad & Brenda Dore (583);	#16: Don Marynuk & Adie O’Kane tied with Dan & Marie Germain (562).

Don't Forget



March 6, 2019

Just a Few of our Wonderful Forest Lake Estates Activities



Line Dancing Exercise meets Monday, Wednesday and Friday from 7:45-8:45 a.m. on the stage side of the clubhouse. All are welcome to join in the fun.



Allen and Bev Bryce demonstrate the waltz.



Kathy Hoak at the far right leads the line dancing group. No formal instruction, but by repetition participants learn the steps.



The Quilting/Sewing group, led by Susan Torrens, as they display just one of the beautiful quilts.



Residents do enjoy using the Outdoor Gym Equipment



Tennis "round robin" meets Monday-Saturday starting at 8 a.m.



Pool Exercise—as long as temp is 70 degrees+



Pass the Ace Card Game is lots of fun.

Check your calendar of recurring events for times and places



Yoga is growing in popularity.

Just a Few of our Wonderful Forest Lake Estates Activities



Corn Hole Toss is catching on quickly



Sharing some tossing tips at the horseshoe pits.



Texas Hold'em



Volunteers working on the horseshoe pits



Hand and Foot is very popular



Hand and foot again



More Texas Hold'em



Senior Exercise



Ticket Sales at the Clubhouse



Card Game here is Horse Thief

Announcements

MEMBERSHIP

Membership renewal is ongoing. I would like to encourage everyone to renew or join the HOA. Forms and money may be left in the blue box on my doorstep at 6346 Spring Lake Circle.

If you have any questions regarding membership, if you did not receive a newsletter at your home or have changes for the Resident Directory, please call me, Janice Collins at 813-788-5678 or email me at flehoa.membership@gmail.com



January Birthdays

- | | | | | | |
|----|--------------------|----|---------------------|----|----------------|
| 2 | Chris Toselli | 14 | Darlo Wentz | | Roy Scheitler |
| 3 | Dick Mahan | 14 | Valerie Bell | 21 | Patricia Bunch |
| 5 | Beata Niezcyniecka | | Patrick Leverington | 22 | Terri Burns |
| 6 | Jeff Draves * | | Carol Beital | 23 | Janet Horak |
| | Sally Fendick | 15 | Louise Smith | 25 | Pam Eilts |
| 7 | Mike Gray | 16 | Rhonda Wheeler | 26 | Emily Haynes |
| 8 | Hermine Shapiro | | Marilyn Morgan | 27 | Rosa Hector |
| 9 | Anita Bodenheimer | 17 | Davis Bryans | | Larry Sears |
| | Susan Stepp | | Chris Hutchens | | Steve Yesta |
| 12 | Marcella Gaudreau | | Janie Walt | | Paula Mitchell |
| | Dale Smith | 18 | Vic Bitel | | Richard Ide |

January Anniversaries

- | | | | | | |
|----|------------------------|----|----------------------------------|----|-------------------------|
| 1 | Dan & Sue Hudson | 14 | Harry & Barbara Kehr | 18 | Vince & Diane Bardsley |
| | James & Janet Prather | | Gary & Linda Marsh | 21 | Claude & Eunice Sorber |
| 2 | Ambrose & Erna Pittman | | Bob & Johnnie Lorren | 24 | Vince & Christine Boido |
| 5 | Alan & Sandy Thiese | | Jeff & Laura Tinsman | 25 | Paul & Joanne Magee |
| | Dave & Bonnie Kalin | | Alan & Rosa Hector | 27 | Mike & Connie Gray |
| 6 | Dan & Cheryl Gould | | Gary & Phyllis Gamble | | |
| 8 | Ray & Sally Fendick | | David & Joyce Broadbridge | | |
| 10 | John & Gail Natale | 16 | Gilberto Rodriguez & Joann Ortiz | | |

New Residents December & January

- | | |
|------------------------------------|--------------------------|
| Natale (Chris) Toselli | 6364 Forest Lake Drive |
| Rose Hicke & Arturo Sylvester | 6038 Spring Lake Circle |
| Debbie & Clarence (Butch) Prichard | 6061 Presidential Circle |

Not Previously Reported

- | | |
|-------------------|--------------------------|
| Tim & Vickie Bean | 6043 Presidential Circle |
|-------------------|--------------------------|

Upcoming Health Event

March 19, 2019, 10AM
Dementia/Alzheimer Lecture
Learn about possible ways of slowing
the process down.

The Sunshine Ladies



The Sunshine Ladies will meet at the clubhouse on
Wednesday, February 27th, 2019 at 11am for a brief meeting
before going to Harry's in Lakeland, 101 N. Kentucky Ave. for
lunch. Color of the day is Black and White. If you haven't signed
up and you would like to go, call Phyllis Gamble at 813-782-9313.

Announcements

STROKE IS SUDDEN TEST FOR PEACE OF MIND!

According to the National Stroke Association, stroke is the third leading cause of death in America and a leading cause of adult disability. Stroke has no symptoms. It can happen to anyone at any time, regardless of race, sex or age. While it is possible to reduce risk of stroke by choosing a healthier lifestyle, the best way to prevent stroke is to get screened.

In less than one hour you can avoid stroke and other life-threatening diseases by participating in accurate, affordable ultrasound screenings. Schedule with a company your peers know and trust!

Tuesday, February 26th,
@ Forest Lakes Estates
In the Clubhouse
Please call to schedule 1-888-667-7587

**1. STROKE/CAROTID
ULTRASOUND \$40**

This test visualizes build-up of plaque in the carotid arteries that may lead to stroke.

**2. ABDOMINAL AORTIC
ANEURYSM (AAA) \$40**

95% of ruptured AAAs results in death. The majority of victims have no symptoms.

**3. ARTERIAL DISEASE
(PAD) TEST \$40**

A ratio of arterial pressures taken in the extremities to determine if arteries blocked.

4. THYROID ULTRASOUND \$40
Scan to rule out cysts, nodules, collets & tumors.

**5. ABDOMINAL
ULTRASOUND \$95**

Helps identify cancers/disease of the liver, pancreas, kidneys, gallbladder and spleen.

**6. HEART SCAN-
ECHO CARDIOGRAM \$95**

Screening performed to view wall motion, valves, septum, etc. Cardiac stress, stressor, blood clots, tumors & fluid around the heart.



CALL NOW!
1-888-667-7587

www.StrokeTesting.com

No Prescriptions needed. All Results & Film Mailed In 2 Weeks

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CHOLESTEROL TESTING \$35

A complete Lipid panel test that checks HDL, LDL, Triglycerides, Ratio and Glucose. (12 HR. fast)

THYROID/TSH

BLOOD TEST \$55

Complete test of hormones to determine if you have under/overactive thyroid.

PROSTATE CANCER

PSA TEST \$55

Measure the levels of prostate-specific antigen in the blood to assess the risk of prostate cancer.

H. PYLORI \$35

Bacteria that has been linked to stomach ulcers and cancer. Treatable with 2 weeks of antibiotics.

A1-C 3-MONTH

GLUCOSE AVERAGE \$35

COMPLETE EVALUATION

(All 6 ultrasounds)

Only **\$179**

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*Results & images mailed in
10 days.*

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offering tests 4, 5 & 6.*

Medical Flex and HSA
cards accepted.

Also, Personal Checks,
Major Credit Cards and
Cash.

Announcements

2019 Health Fair FLE Clubhouse February 26, 9AM-Noon

Partial list of the attendees:

Alzheimer's Family Organization

Florida Pain Medicine

Golfside Hospice

Miracle Ear

West Florida Home Health

Bloodmobile

Prevention Plus (check ad in this paper)

Free Screenings for Cholesterol/Glucose, Balance and Lower Back, Blood Pressure, etc.

There is so much information that will be available.

Please come and check us out. While you are here enter to win a door prize. Drawings will be at 11:30AM.

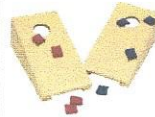
You do not need to be present to win!

February Audio Visual Events

February 3	1 pm	Boy in the Striped Pajamas
February 10	1 pm	The Sons of Katie Elder
February 15	7-8:30 pm	Community Sing-Along
February 17	1 pm	Davic & Bathsheba
February 17	7-8:30 pm	Christian Music Sing-Along
February 14	1 pm	Flywheel

All events are Stage Side FLE Community Hall

Cornhole Tournament



Date: Feb 9th

Time: 11am

2 dollars to enter.

Random draw for partners.

All skill levels

Shuffleboard

Shuffling continues every morning (except Sunday) at 9:30 am. Thursday and Saturday bring along 50cents for a fun game of Hoss Collar! It's been great to see many newcomers and returning players.

The 8 Park League is every Wednesday afternoon at 1 pm. There has been good participation each week. Many local tournaments are also being well attended by our FLE shufflers with great results. More information is available at the Shuffleboard Courts for upcoming dates.

The following events will be hosted in our park in February: District Tournament February 7/8. 8 Park League Tournament February 25/26. We will be looking for participants and volunteers for both dates.

Fun Day and Pot Luck

Thursday March 7th

Come and join in the fun!!

Gary McLean ~ Davis Bryans ~ Ray Dion

Yoga

Yoga is beneficial for flexibility, strengthening and focus. In yoga you will use all areas of your body, learn to pace exercise with breathing and firm up muscles as we lengthen tendons and muscle groups to enhance movement. Our practice is geared to our age group. Know your limitations, but grow in your agility level with each additional class. Class meets Tuesday and Thursday at 10am. Beginners welcome!!



Horseshoes

In the Tuesday league, we've played six weeks now and so far we are doing great. The Wednesday league has just started. We've played one game with 11- wins and 21- lost. We have 10-12 returning players from last year's team. They are willing to work with you to help improve your game. or just help you learn how to play. We practice Monday - Thursday at 9:30am with a all is welcome round robin every Friday at 9:30. So come on out and make some memories. For more info contact me, Rick, at (765)620-3745.



Announcements

There's Always Room for Dessert!!

SUNDAY,
February 10, 2019

6:00 – 7:00 PM



Due to the Super Bowl on Feb 3th, the Ice Cream Social will be the following week, Feb 10th. Our special this month will be a 1-Scoop Hot Fudge Brownie Sunday for \$3.50. Come on down and get your ice cream and listen to your favorite music on the jukebox.

Poker Run

What is a poker run? It is a fun social event that will start at the clubhouse on February 24th with registration starting at 3pm. It will be \$5 for each hand you want to purchase. You can partake however you want by car, golf cart, bike etc. We will make 5 stops amongst the park. At each stop we will stay for 15 to 20 minutes. At the stop you will draw a card that will be one of your cards to go towards one of your hands. After the 5 stops we will go back to the clubhouse where we will put all hands together and distribute the winning prize money. Prizes will be based on number of participants. Feel free to bring a snack and beverage for the ride and the clubhouse get together. This will be a great way to meet new people and socialize with your friends. We are still looking for 3 more stops at people's house. Any questions feel free to contact Mike Reid 413-824-5426. Hope to see you all there!



"Three for a Quarter" and "The Connections"



by Lenore Bray

If you have questions or comments about the following article, please call me, (Lenore Bray) at my home #813-395-5185. If I'm not available, you are welcome to leave a voice mail. I will reply as soon as possible.



I am a member of a band called, "Three For A Quarter", consisting of 3 Forest Lake Estates residents, at this time. Brad Torrens and Steve Coombs play year round together, even when back up in Kingston, Ontario. They chose the name, "Three For A Quarter", because of the older juke box songs we often play. Our focus, while in Florida, is playing at local seniors' residences, the Rehab, and some functions that raise money for Thomas Promise. Recently we played in the home of a park resident who is not able to get out as much. I usually play keyboard, but if we are in a smaller setting, I "try" to play my guitar.

Another trio consisting of Dana Parker, Jennifer Parris and myself called, "The Connections", are currently practicing and building our repertoire to bring some music to local residents in their homes. We all do it for the joy it brings to us, and hopefully others. As the name implies we also want our residents to feel "connected", even if they are not physically able to participate as much in park activities. That idea came about from the need I witnessed when preparing a group to go Christmas caroling.

Below is the February schedule Brad Torrens organizes for "Three For A Quarter", in case you have relatives or friends who might be visiting where and when we play.

FEBRUARY GIG LIST FOR "THREE FOR A QUARTER"

14th	Heartland	2:00 (Valentines party)
17th	Morningside RV	1:30 (Thomas Promise benefit)
19th	Westbrooke	2:00
21th	HOSPITAL Rehab	10:00 a.m.
26th	RoseCastle	2:30 (Birthday party)
27th	Zephyrhaven	2:00

Announcements

FOREST LAKE QUILTING

Our quilting group is busy stitching each Wednesday, from 11am until 3 pm.

We welcome new and experienced quilters! Visitors are always welcome to drop in! We work on our own projects, and we are working on two mystery quilt projects this year. You can learn new techniques, get help and advice for your quilting, and meet other quilters in our community. We bring a snack or lunch, as we usually take a short break around noon. This is also a great time to share information on upcoming quilt shows, shop hops, and sales specials at our local quilt shops. We hope to sponsor another pillowcase day in February, for "Cases for Smiles", with the pillowcases being distributed to children being treated for cancer. Last spring, our sewing day was a great success. Watch for the announcement of the date!

For more information, call Susan Torrens 813-783-8468 or email forestlakequilting@gmail.com

Tennis News

The tennis club would like to let the FLE residents know that all are welcome to play tennis with us Monday thru Saturday, 8 am to 10 am. We play "round robin" (no set teams). Sadly we have lost tennis friends over the years, especially this past year. We hope with the influx of folks to FLE that we can fill our ranks. If you haven't played in years and want a "refresher" that can be arranged. If we have enough interest we will set up a time for that so that you feel comfortable. However, we are a friendly group and do not take ourselves too seriously. Please call Shirl Burnham 315-261-8677 and leave a message. Looking forward to hearing or seeing you on the courts.



CASES FOR SMILES

4th ANNUAL SEW-A-THON

On Wednesday, **February 20, 2019**, the FLE Quilting Group is sponsoring a pillowcase sew-a-thon instead of our regular quilting session, from 11am-3pm. We would appreciate your help. We are making bright, kid-friendly pillowcases to be donated to hospitalized children in the local area. This is in support of an established international charity. If you can use an iron, pin fabric, or sew using your sewing machine or serger, we can use your help. We also need helpers to fold, press, turn the pillowcases, so those stitching can work as quickly as possible.

You can also help by donating fabric, make one or more pillowcases, donating a box of quart size zipper storage bags, or donating funds directly to the charity.

Each pillow case uses $\frac{3}{4}$ yard of bright kid-friendly fabric (100% cotton), for the main part, and $\frac{1}{3}$ yard of coordinating fabric for the cuff.

If you are interested, please call or email me so we can plan our day. We will have a short, briefing session on February 6 & 13, for our volunteers to describe the process, so we can begin immediately on the day of the event. We want to make as many pillowcases as we can in four hours. Last year we made 319 pillowcases!

You can find out more about this charity by visiting their website: <http://caseforsmiles.org>.

A pattern for the pillowcase is available here: <http://caseforsmiles.org/get-involved/>

For more information, contact **Susan Torrens 783-8468** or forestlakequilting@gmail.com.

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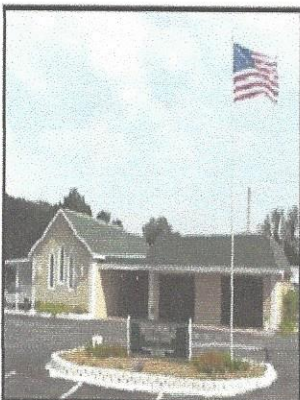
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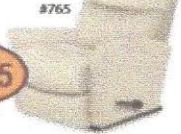


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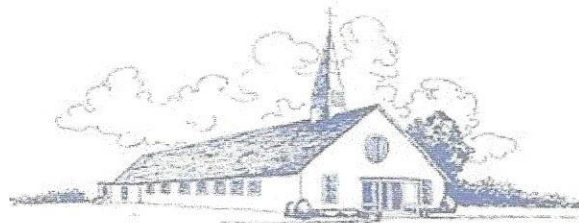


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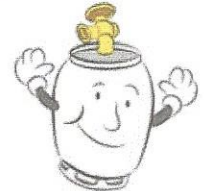
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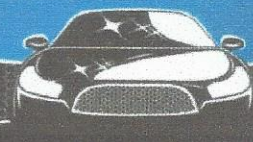
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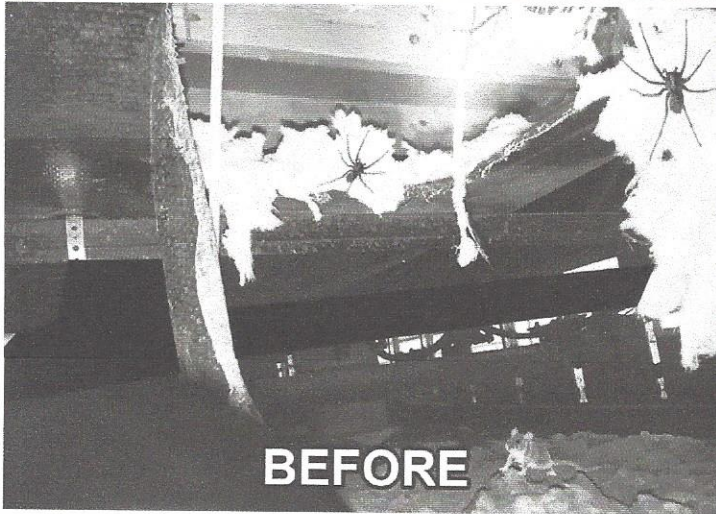


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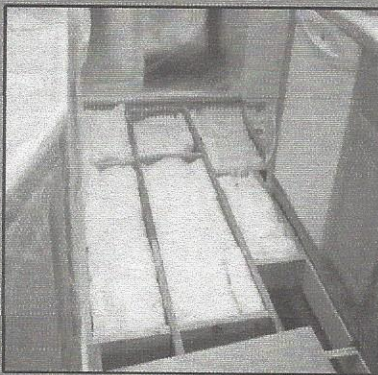
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February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
						Recycling 10A - Noon Dinner - Cranberry Chicken -6P Music - Bill D Williams - 7P
3	4	5	6	7	8	9
"The Boy in the Striped Pajamas" 1P Pizza Night 4P	Ticket Sales 10A -12P Sandwich Night 4:30P Ballroom Dance 7P* Ballroom Dance 8P**	Ticket Sales 10A-12P Dance to Music 12:30 Bingo Sales 4:45 - 5:45P Bingo - 6P	Sr Exer Valentine Party 9A (K) Recycling 10A- noon Watercolor with Judy 10A Shuffle league 2-3:30 (S) Putt Putt League 3:30P		Fish Dinner 5P Corn Hole 5:30P	Recycling 10A-Noon NO DINNER DANCE THIS WEEK
10	11	12	13	14	15	16
"The Sons of Katie Elder" 1P Ice Cream Social 6P Trivia 7P (S)	Board Meeting 10A Ticket Sales 10A-12P Sandwich Night 4:30 Ballroom Dance 7P* Ballroom Dance 8P**	Ticket Sales 10A-12P Dance to Music 12:30 Bingo Sales 4:45 - 5:45P Bingo - 6P	Recycling 10A- Noon Watercolor with Judy 10A Putt Putt League 3:30P	HOA Annual Mtg 10A	Sing-a-Long 7P	Recycling 10A- Noon Dinner - Ham - 6P Music - Flashback - 7P
17	18	19	20	21	22	23
"David and Bathsheba" 1P Christian Sing a Long 7P	Ticket Sales 10A-12P Sandwich Night 4:30P Ballroom Dance 7P* Ballroom Dance 8P**	Ticket Sales 10A-12P Dance to Music 12:30 Bingo Sales 4:45 - 5:45P Bingo - 6P	Recycling 10A- Noon Watercolor with Judy 10A Ryan's Cases for Smiles 11A Shuffle league 2-3:30 (S) Putt Putt League 3:30P		Pizza Night - 4P Corn Hole 5:30P	Recycling 10A- Noon Dinner - Lasagna -6P Music - Fifth Gear - 7P
24	25	26	27	28		
"Flywheel" 1P Poker Run 3P Newfoundland Gospel Sing-a-long 8P	Shuffle Tourn 8A-2P(K) Ticket Sales 10A -12P (S) Sandwich Night 4:30P Ballroom Dance 7P* Ballroom Dance 8P** Clubhouse closes 9P	Health Fair A - 9A - Noon Dance to Music 12:30 Bingo Sales 4:45 - 5:45P Bingo - 6P	Recycling 10A- Noon Watercolor with Judy 10A Sunshine Ladies 11A Putt Putt League 3:30P			

(K) - Kitchen Side (S) - Stage Side (MM/DD) - Start Date Check WWW.FLE-HOA.COM for updates to the Social and Activities Calendars

* Ballroom Dancing Beginners Class **Ballroom Dancing Advanced Class

Dance to the Music on Tuesdays is held in the pool

2/25 Clubhouse closes at 9PM to allow for set up for the Health Fair

FEBRUARY 2019 FLE RECURRING EVENT ACTIVITES SCHEDULE

time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:45 am		Line Dance Exercise (S)		Line Dance Exercise (S)		Line Dance Exercise(S)	
8:00 am		Tennis Round Robin	Tennis Round Robin	Tennis Round Robin	Tennis Round Robin	Tennis Round Robin	Tennis Round Robin
9:00 am	Interfaith Service	Senior Exercise (S) Horseshoes	Horseshoes Tap Dance Lessons (S)	Senior Exercise (S) Horseshoes	Horseshoes	Senior Exercise (S) Horseshoes RoundRobin	Horseshoes
9:30 am		Shuffleboard	Shuffleboard	Shuffleboard	Shuffleboard	Shuffleboard	Pass the Ace Shuffleboard
10:00 am		Wood Carvers Craft and Laff (K)	Pickle Ball Drop In Yoga (S)	Beginner Bible Study Paper Recycling Paint with Judy (S) Watercolor Class (S)	Pickle Ball Drop In Yoga (S) Wood Carvers		Pickle Ball Drop In Paper Recycling Tap Dance thru 3/9
10:30 am		Line Dance Lessons (S)				Line Dance Lessons (S)	
11:00 am		Pool Exercise		Quilting (K) Pool Exercise		Pool Exercise	
12:00 pm					Mahjongg		
12:30 pm						Chimes (K) Year Round Participants	
1:00 pm	Movies (S) Pool Volleyball	Pool Volleyball	Pool Volleyball	Pool Volleyball	Pool Volleyball Pinochle Swedish Weaving (K)	Pool Volleyball	Pool Volleyball
2:00 pm		Beginner Guitar Lessons	Tai-Chi 2 hrs			Chimes (K) Winter and Beginner Participants	
3:00 pm			Pickle Ball Drop In		Pickle Ball Drop In		
3:30 pm				Party Hardy Putt Putt			
4:00 pm							
4:30 pm							
4:45 pm			Bingo Sales until 5:45				
5:00 pm							
5:30 pm					Ping Pong (P)	Corn Hole (2 nd & 4 th Fridays of the month)	
6:00 pm	Polish Poker	Poker 5/10 (K)	Bingo	Poker 5/10 (K)			
6:30 pm	Pitch (K)	Hand n Foot (K)		Dominos (S)	Pass the Ace (K) Hand n Foot (K)	Michigan Rummy Pinochle (S)	
6:45 pm					Cribbage (S)		
7:00 pm		Ballroom Dance Beginner Class (S)		Euchre	Texas Hold 'Em (S) Bridge (C)	FLE Photo Club (P) Bid Euchre (K)	
7:30 pm							
8:00 pm		Ballroom Dance Advanced Class (S)					

K is Clubhouse Kitchen Side S is Clubhouse Stage Side C is card/HOA room P is Ping Pong/Pool Room/